



Course Map

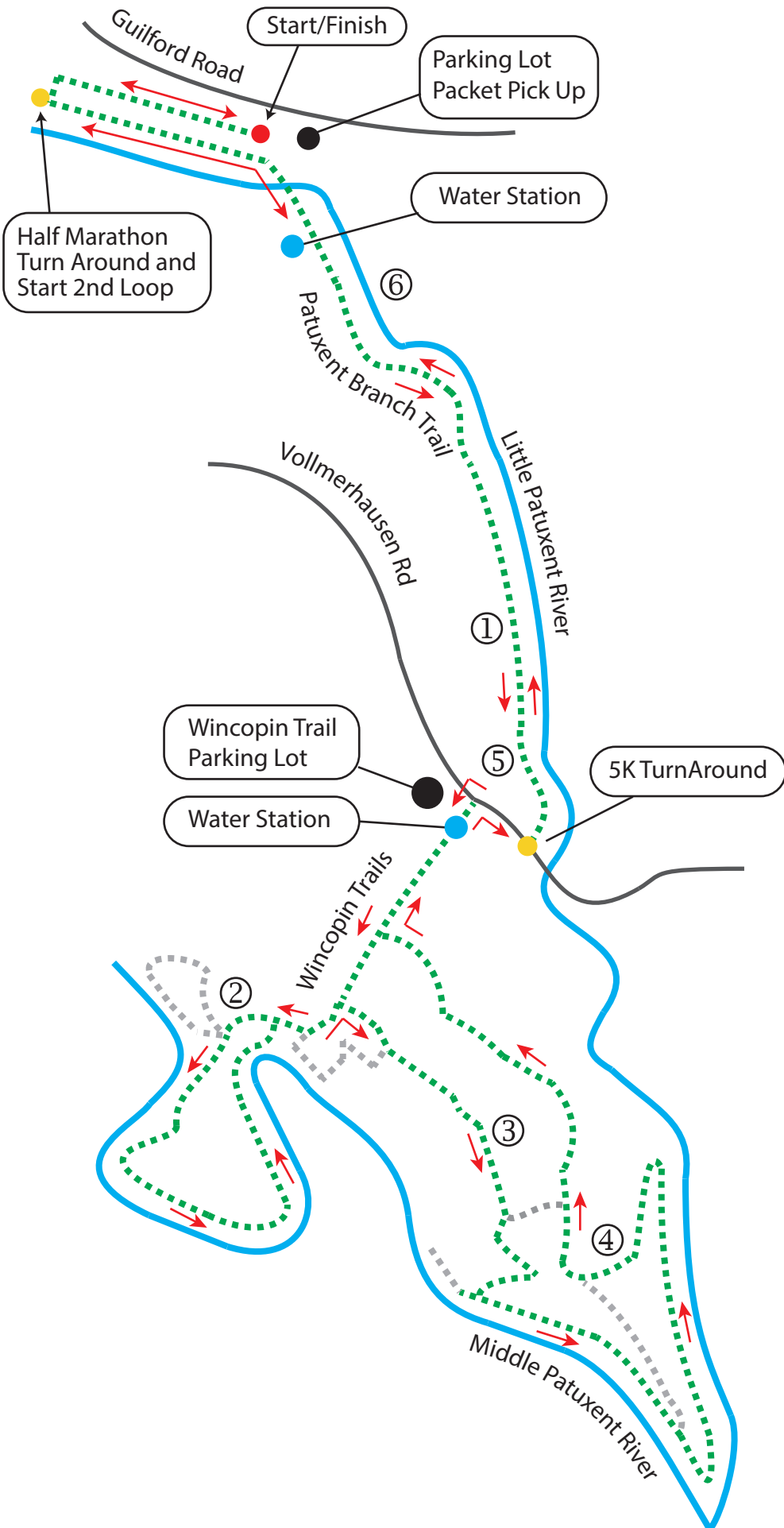
5K - 1 loop

-Run south on Patuxent Branch Trail to Vollmerhasen Rd and back.

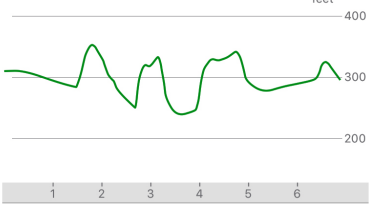
Half Marathon - 2 loops

10K - 1 loop

- Run south on Patuxent Branch Trail.
- Turn right onto Vollmerhasen Rd.
- Turn left into Wincopin Trail parking lot.
- Complete Wincopin Trail route and follow course back to Vollmerhasen Rd.
- Turn right onto Vollmerhasen Rd.
- Turn left onto Patuxent Branch Trail.
- 10K - Continue to finish line.
- HM - turn around and complete 2nd loop of course.



ASCENT	218	DESCENT	232
feet		feet	
ELEVATION	294	GRADE	-
feet		%	
ASCENT	0	ASCENT	38
Previous Split		Current Split	



- Paved Pathway
- River
- - - - Gravel/Natural Pathway
- Road
- - - - Non Course Trail